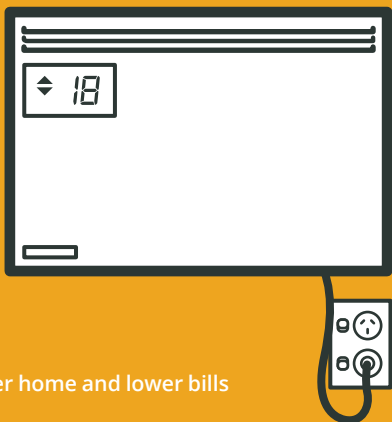


# Save energy, save money

Heating  
and cooling



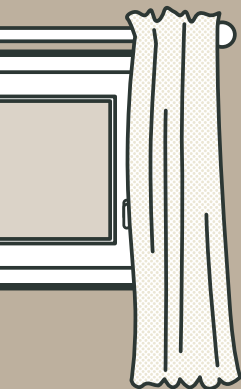
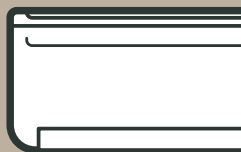
Your guide to a healthier home and lower bills

# Keeping cosy

Staying warm can get expensive. Heating your house the right way at the right times, and keeping the warmth in as much as possible, will help lower your power bill.

Set your heater thermostats to 18-20°C, and keep the doors shut in the room you want to heat. Avoid using unflued gas heaters which emit toxic fumes and moisture.

Turn heaters and heatpumps off when you don't need them or you're not home. Make sure your heatpump filters are clean.



Open the curtains in the morning to let the sun in, and close them at dusk to keep in the day's warmth.

Install draft-stopper strips or DIY window insulation kits if possible to reduce heat loss.

Stop draughts to keep rooms warm. Check door hinges are tight. A rolled-up towel makes a good draught stopper.

For more tips on keeping your home healthy and your power bill low, see our pocket guides or visit the EECA website

[energywise.govt.nz](http://energywise.govt.nz)  
[thelinescompany.co.nz](http://thelinescompany.co.nz)

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